

## Self-help groups in empowering women: A study in Udaipur and Jhalawar districts of Rajasthan

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**ABSTRACT :** The study was conducted in Udaipur and Jhalawar district of Rajasthan, to know the Empowerment status of SHG members. Total 1123 groups were registered during year 2008-09 by different forming agencies. In which, 102 SHGs were selected from NABARD, ICDS, DRDA and SAUs. Major finding reveals that comparison of empowerment data before joining the SHGs, there was slight change in status of women, as before joining the SHG there were 33 office bearers who were found in the low empowerment category of legal and political empowerment however, after becoming the member of SHGs the percentage decreased upto 10 per cent and only 24 office bearers remained in this category.

**KEY WORDS :** Self-help groups, Empowerment, Empowering women

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